

## About LifeSpan of Minnesota

LifeSpan of Minnesota, Inc. is a Youth Transition Program (YTP) that is certified to provide Day Treatment by the Department of Human Services through Children's Therapeutic Services and Support (CTSS).



LifeSpan of Minnesota, Inc. provides intensive day treatment services to school age children ranging from 5 through 18 years of age. We serve children who have emotional and behavioral disturbances caused by mental health disorders; neurological vulnerabilities; traumatic experiences, including abuse, neglect, and exposure to domestic violence; exposure to drugs or alcohol; disrupted attachments to adults and significant changes in the family.

The program focuses on developing adaptive coping, problem-solving, and socially acceptable behaviors so that the clients can regulate their emotions and begin to identify and express feelings more appropriately. Families have strong involvement in the program and receive support and guidance to help them work with their children to transfer these positive coping skills at home.

LifeSpan of Minnesota, Inc. has two locations, one in Burnsville and one in Shoreview. Children attend the program daily for approximately 6 to 9 months. Our hours of operation are Monday through Friday, 8:00am to 5:00pm. Our day treatment program runs year round from 8:00am to 2:00pm. Summer hours may vary at each site. Children are transported by their home school district or by our own transportation system.

### Our Mission

YTP exhibits an eclectic approach that works to instill in each client and family a feeling of self-worth and hope for the future. YTP has created a flexible, nurturing and structured atmosphere, which promotes client empowerment, involvement, and responsibility in individual treatment planning. The program group approach emphasizes accountability, respect, independence and active decision making. This approach is reinforced in a fair, but firm refusal to do anything for the client that he/she is capable of doing for him/herself. YTP expects family participation and involvement in order to promote lasting change.

### Internships / Practicums

In cooperation with educational institutions and employment training programs, LifeSpan will accommodate persons doing field work to the extent agency resources permit. We accept second-year Master's level students in Psychology, Counseling, and Social Work programs.

Students will have clinical contact hours with children and adolescents (ages 5-18) in individual and group settings. We have openings for the traditional Academic Year (September-May) and may also be able to accommodate students needing to begin their placement in the spring or summer semesters. LifeSpan is able to provide students with at least 700 hours of field experience. Typically, the practicum students are here Monday-Friday for 20 hours per week throughout the entire placement. They are involved in clinical treatment components daily and spend at least 2-3 hours a day in direct contact with clients.

### More information

See our website at [www.lifespanmn.com](http://www.lifespanmn.com) for more information about the program. If you are interested in applying for a practicum position, contact Chrissie Morneau at (952) 562-8500 or send a resume and cover letter to [HR@lifespanmn.com](mailto:HR@lifespanmn.com).